

MBC

10 MILE TIME TRIAL

10 APRIL²⁰²³

J10/1

HQ: BUXWORTH PRIMARY SCHOOL | DERBYSHIRE
MEN'S RECORD HELD BY SCOTT DAVIES 19:15
WOMEN'S RECORD HELD BY ALEX DECK 23:01



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER ITS RULES AND REGULATIONS

MBC

OPEN 10 MILE TIME TRIAL



Thank you for entering the Manchester Bicycle Club Open 10 mile TT, Cheshire Points Series 2023 – Event 5 of 20. It is highly recommended riders familiarise themselves with the HQ, additional parking, toilet facilities and the start location.

EVENT SECRETARY

Alexander Royle

14 Blackbrook Drive, Chinley, High Peak,
Derbyshire, SK23 6BF

Mobile: **07734447523**

Email: **alexander.royle@outlook.com**

RESERVES

Please send apologies either by e-mail or phone to the event secretary at the earliest opportunity if you are unable to ride in the event. This will enable early allocation of reserve slots to help the organiser and reserve riders plan better.

UNDER 18's

All under 18 competitors must complete and bring with them a CTT parental consent type A events form, available at: **www.cyclingtinetrials.org.uk/documents/index/riders**

Failure to provide consent this will result in the under 18 rider not being allowed to start.

LIGHTS

A working front (white) and rear (red) light must be fixed to the front and rear of the machine, anyone that arrives at the start line without a front and rear light will not be able to start.

EVENT HQ - OPEN 7:00am

BUXWORTH PRIMARY SCHOOL

Station Road, Buxworth

High Peak, Derbyshire **SK23 7NJ**

- Limited parking available at HQ
- Limited toilet facilities available at HQ
- No Changing facilities available at the event HQ
- No refreshments are available from the event HQ

ADDITIONAL TOILETS: Tesco Superstore also has toilet facilities and is open from 8:00am (Bridgemont, Whaley Bridge, High Peak, SK23 7PB). **Do not urinate in public spaces.**

Parking outside the HQ and on the same side of the road in Buxworth village on the road B6062, heading up the hill towards the railway bridge is permitted provided it is courteous and does not block any junction or property entrances. Riders must park safely and remain courteous to residents, road users and other members of the public at all times.

ADDITIONAL PARKING

Limited public parking with access to the start of the course is also available in lay-bys along the B6062 close to the junction with the A6. There is also parking available in Whaley Bridge along the A5004 and around the Bridgemont area.

Riders must obey any parking steward instruction. Please ensure that static warm-ups are conducted courteously and do not block individual car park spaces.

FREE PUBLIC CARPARK

Canal Street

Whaley Bridge

High Peak, Derbyshire

SK23 7LX

WHALEY BRIDGE

Limited public parking with access to the start of the course is also available in Whaley Bridge along the A5004 and around the Bridgemont area.



J10/1 COURSE DETAILS

TO THE START - HQ TO START (APPROX 3.6 MILES)

- Turn left from the HQ on the B6062 towards the A6
- Turn left on the A6 towards Bridgemont roundabout
- Take first exit (straight over) onto the A6 By-Pass (Dual Carriageway)
- Arrive at Start layby (Green Chapel en-le Frith sign)

Riders should be aware that once you have entered the course on the A6 By-Pass there is nowhere to turn around. Please ensure that you plan your arrival to the start accordingly, riders must maintain social distancing when waiting to start in the lay-by.

START (Grid Ref. SK 047818)	0.00 m
at a green "Chapel-en-le-Frith sign near the end of the layby approximately 1 mile west of Boden Lane traffic island on the A6	
BOWDEN LANE ISLAND (SK 062815)	0.96 m
Take the fourth exit along the A6 towards Stockport to	
BRIDGEMONT ISLAND (SK 014824)	4.16 m
Take the 3rd exit along the A6 towards Buxton and return past the start	
THROUGH START (Grid Ref. SK 047818)	6.39 m
Return past the start	
BOWDEN LANE ISLAND	7.35 m
Take the fourth exit along the A6 towards Stockport	
FINISH (SK 024820)	10.000 m
At the mid-point under the road bridge over the A6 near Bugsworth Basin.	

- Riders must ride clear of the finish (No Stopping) and retrace the route back to the HQ
- Riders must take particular care when approaching the Bridgemont roundabout after the finish - riders should take the first exit and remain in the left-hand lane; during the event riders may be encircling
- Riders must find a safe and suitable place to turn around in order to return the HQ (Tesco carpark/mini roundabout offers a suitable location)

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START SHEET



TIMEKEEPERS - **Primary:** Tony Millington **Assistant:** Robert Norton

NO.	START TIME	NAME	CLUB	CAT.	AGE	VTTA STD.
1	09:01:00	Lynsey Astles	Congleton CC - MyWindsock	Veteran	46	00:29:02
2	09:02:00	Alice Taylor	Congleton CC - MyWindsock	Senior	32	N/A
3	09:03:00	Katie Toft	Storey Racing	C1	30	N/A
4	09:04:00	Amanda Skeldon	Buxton CC/Sett Valley Cycles	Veteran	47	00:29:07
5	09:05:00	Joanna Cebrat	360cycling	Veteran	43	00:28:47
6	09:06:00	Gail Lowe	Congleton CC - MyWindsock	Veteran	54	00:29:48
7	09:07:00	Alison Stephenson	Congleton CC - MyWindsock	Veteran	53	00:29:41
8	09:08:00	Sally Maitland	Ratae RC	Veteran	55	00:29:53
9	09:09:00	Tracy Gregory	Buxton CC/Sett Valley Cycles	Veteran	57	00:30:08
10	09:10:00	Monica Greenwood	Macclesfield Wheelers	Senior	34	N/A
11	09:11:00	Lucy Rogers	Congleton CC - MyWindsock	Veteran	54	00:29:48
12	09:12:00	Michelle Fairclough	Velotik Racing Team	Veteran	47	00:29:07
13	09:13:00	Jasmine Holmes	Army Cycling	Senior	24	N/A
14	09:14:00	Jeanette Barber	Seamons CC	Veteran	65	00:31:15
15	09:15:00	Holly Carter	Manchester Wheelers	Senior	38	N/A
16	09:16:00	Sarah Storey	Storey Racing	Veteran	45	00:28:57
17	09:17:00	Luke Buswell	Manchester Bicycle Club	Senior	31	N/A
18	09:18:00	Reuben Corlett	Birkenhead North End CC	Junior	17	N/A
19	09:19:00	Joe Tabachnik	Durham University Cycling Club	Espoir	20	N/A
20	09:20:00	Phillip Tyas	Barnsley Road Club	Veteran	41	00:26:06
21	09:21:00	Paul Birkin	Buxton CC/Sett Valley Cycles	Veteran	61	00:27:58
22	09:22:00	Lloyd Smith	Weaver Valley CC	Senior	31	N/A
23	09:23:00	Andy Whitehead	Seamons CC	Veteran	60	00:27:51
24	09:24:00	Paul Barber	Seamons CC	Veteran	65	00:28:30
25	09:25:00	Isaac Russell	Team PB Performance	Espoir	21	N/A
26	09:26:00	Mark Lovatt	Congleton CC - MyWindsock	Veteran	51	00:25:56
27	09:27:00	Thijs Geurts	Macclesfield Wheelers	Veteran	48	00:26:41
28	09:28:00	Nicholas Roberts	Stockport Tri Club	Veteran	56	00:27:24
29	09:29:00	Paul Emmins	Salford Cycling Club	Senior	38	N/A
30	09:30:00	Matthew Wales	Fibrax Wrexham RC	Senior	34	N/A
31	09:31:00	Mike Walker	Congleton CC - MyWindsock	Veteran	44	00:26:23



The ratified event results will be published online as soon as possible.
1 rider, 1 prize, not including team competition - prize money will be posted.

POS	MEN TT - BIKE	MEN - ROAD BIKE
1st	£20	£20
2nd	£15	£15

POS	WOMEN - TT BIKE	WOMEN - ROAD BIKE
1st	£20	£20
2nd	£15	£15

POS	VET ON STANDARD
1st	£20
2nd	£15

POS	JUNIOR
1st	£20

POS	TEAM 1 - 3 fastest riders to count
1st	£30 (£10 per rider)

J10/1 RISK ASSESSMENT

LOCATION	DETAILS OF HAZARD	MEASURES TO REDUCE RISK	RISK H/M/L
1 Before the start	Riders leaving the headquarters and riding to the Start.	Warning signs on all roads Clear instruction on Start Sheet giving route to the start.	L
2 Start at the lay-by approx. 1 mile west of Boden Lane island. SK 047818	Riders starting and entering the traffic flow.	Warning sign on approach to lay by. Marshal required.	M
3 Boden Lane island (0.96 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
4 Bridgemont traffic island (4.16 miles) SK 014824	Vehicles encircling island. Riders turn and take A6 towards Buxton	Warning signs on all approach roads. Marshals required	M
5 Passing the start (6.39 miles) SK 047818	Riders may be coming onto the A6 after starting.	Warning on Start sheet to look out for riders starting.	M
6 Boden Lane island (7.35 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
7 Finish where Brookside road bridge crosses the dual carriageway (10 miles) SK 024820	Riders finishing.	Chequered flag denoting the finish. Marshal required (off the road) Warning on start sheet telling riders not to stop.	M
8 After the finish	Riders returning to the headquarters	Warning signs at Bridgemont island with marshals still in place. Clear directions for route back to be included on the Start Sheet.	L



IMPORTANT CTT REGULATIONS AND RIDERS' NOTES

- 1** - No 'Warming up' by competitors is allowed on the course once the event has started. The only riding permitted by competitors on the course once the event has begun is to the Start.

- 2** - No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

- 3** - Riders body numbers will be available at the event HQ and must be personally signed for and returned immediately after each rider has finished. The body number must be returned to the event HQ and every rider must personally sign out of the event (Failure to do this will result in a DNF allocation for the offending rider). Riders must attach their body number on the lower part of the back in a clear and legible position.

- 4** - Riders must not drop litter as it is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.

- 5** - Riders must negotiate both islands in a safe and sensible manner in accordance with CTT reg.20 and the rules of the road. Riders must be able to brake and stop at the islands if traffic conditions require this. Riders must not approach the islands using tri- bars. Remember traffic in the islands will have priority over traffic entering the islands (including riders).

- 6** - IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD-SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

- 7** - Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. NO LIGHT – NO RIDE.

DOPING CONTROL

The event may be subject to Doping Control.